

# Waeg Little Tykes 2021

*In this guide you will find:*

How we communicate



What to bring to camp



A typical day at camp



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Lunch and other food at camp



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# Communication With Us

Positive parent-camp communication is the foundation of a memorable camp experience for your child. It is our commitment to deliver consistent communication to ensure that you and your child(ren) have a safe and fun experience at Little Tykes.

We ask that you please take the time to complete and return the Camper Information form prior to your child's first week of Little Tykes. If you are sending multiple campers, please be advised that each camper requires their own form.

## Let's Keep in Touch

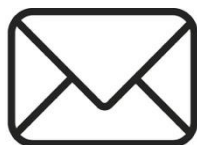
Any questions or concerns with anything regarding Little Tykes can be directed to Little Tykes Coordinator (Samantha):

Email: [waegtykes@gmail.com](mailto:waegtykes@gmail.com)

Phone: (902) 789-9837

## Weekly Camp Updates

You will receive a newsletter prior to the weeks your child is enrolled in Little Tykes. Our weekly newsletter includes information with regard to weekly themes, updated procedures, and any participation in special events!



## Camper Calls

Prior to your child's first day of camp, you will receive a camper call from our Little Tykes Coordinator, Samantha! This is your opportunity to ask questions and voice any concerns you may have leading into your campers' first day of Little Tykes!



# What to Bring

## What to Pack:

- Water bottle
- **Coast Guard approved PFD**
- **Sunscreen & swim shirt**
- Swimsuit, towel, and goggles
- Morning snack
- Lunch (or sign up for lunch plan!)
- Hat
- Change of clothes
- Appropriate footwear

## What Should Stay Home:

- Stuffed animals and blankets
- Toys of any kind
- Electronics (cell phones, iPods, Gameboys etc.)
- Nut products

**\* It is essential that any and all personal toys stay at home to reduce contact and transmission\***

## Lost and Found

This year we will be placing a lost and found bin in the Lily Pad as opposed to sharing one communal lost and found. At the end of the week, all of the collected items will be washed and dried on high heat before returning home with your camper. We encourage your camper to be responsible for keeping track of their personal belongings. Our staff is not responsible for lost or missing items. No toys or special items should be sent to camp. Please label your campers' clothing and personal items so that lost items can be identified and returned to their owner.

## Camper Identification

We require all campers to wear a pinnie while in Little Tykes. We use pinnies to help differentiate campers from other members at the Waeg. We will be sending campers home with their pinnie each day to provide greater parental/guardian control over your campers' individual health and hygiene! Campers will receive their pinnies on Monday, and they will be collected on Friday. **To ensure your child's safety, your campers should arrive to camp each day with their pinnie on.** Additionally, please note that the pinnies are washing machine and dryer safe!

# A Typical Day at Camp

## A Day in the Life!

Monday, Wednesday, Friday

8:15am - 9:00am	Drop-off & Sandbox fun
9:30am	Tennis
10:15am	Snack from home
10:30am	Sunscreen #1
10:45am	Activities - Sports & Games!
12:00pm	Lunch / Pick-up morning children
12:45pm	Sunscreen #2
1:00pm	Water fun (pool, sprinkler, water toys)
2:30pm	Snack (provided by camp) & Sunscreen #3
3:00pm	Programming / Fairfield / Lilypad
4:00pm - 5:00pm	Free play & Pick-up

# A Day in the Life!

## Tuesday & Thursday

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8:15am-9:00am	Drop-off & Sandbox fun
9:00am	Programming / Fairfield / Lilypad
10:15am	Snack from home
10:30am	Sunscreen #1
11:00am	Swimming !
12:00pm	Lunch / Pick-up morning children
12:45pm	Sunscreen #2
1:00pm	Playground & Sandbox fun !
2:30pm	Snack (provided by camp)
3:00pm	Arts & Crafts
4:00pm - 5:00pm	Free play & Pick-up

**\*Please be advised that this is a general itinerary. These times may vary as groups will be adhering to staggered schedules to limit cross contact. \***

## Swimming & Tennis Lessons

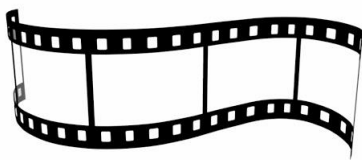
The Little Tykes program is unable to accommodate transfers to and from swimming or tennis lessons, so we kindly ask that you do not enroll your child(ren) in lessons during camp hours.

Instead, we have incorporated these activities into our Little Tykes programming and participate in both swimming and tennis many times throughout the week!



### Media

To offer our services exclusively indoors while adhering to the mandated public health restrictions, we may be watching a movie on days we face poor weather. For several of our campers, this down time is necessary as rainy days can breed an overwhelming indoor environment. When selecting movies, we refer to <https://www.common sense media.org> to celebrating differences and being kind to others.



### Photos

At Camp Waegwoltic we love to document the fun we have during the summer! These photos will be used for Waegwoltic Club promotion as well as our camp Instagram (@waegsummercamp). On the Camper Information/Permission form you can check yes or no as to whether or not you grant us permission to use photos of your camper for these purposes.



# Drop-off & Pick-up Procedures

The Little Tykes facility (affectional known as the Lily Pad) is located in the boat house by the Lido. **Please be advised that all camper drop-off and pick-up will take place at the Little Tykes facility (Lily Pad).** There will be no drop-off or pick-up at the MPR and there will be no staff at this location or at the gate.

Additionally, to help limit the number of people the campers are in contact with, **parents/guardians will not be allowed to enter the Lily Pad space.** Instead, a Little Tyke staff member will help the campers collect their cubby items and kindly greet all parents/guardians at the Lily Pad door.

## Drop-off Procedure

Drop-off will take place at the Lily Pad between 8:15am – 9:00am, Monday through Friday.

We encourage designating one parent/guardian responsible for pick-up and drop-off. Upon your arrival, Little Tykes Coordinator, Samantha, will complete a brief verbal screen with you while a lifeguard conducts a wellness check on your camper(s) using a contactless thermometer. Once signed in, your camper will go directly to their group and fall under the care of their camp counsellor.

## Pick-up Procedure

Pick-up will also take place at the Lily Pad for both full-day and half-day campers. Half-day campers will be picked up between 12:00-12:30pm and full day campers will be between 4:00 – 5:00pm. Our Little Tykes coordinator, Samantha, will be waiting upon arrival for those who are picking up camper(s) and heading home for the day.

Staff will be on duty until the last camper is picked up. If campers are not picked up by 5:00pm, a charge of \$1.00/minute will be applied to your account.

**\*Please note that if you are dropping off/picking up outside of our designated drop-off/pick-up times, you must call the camp phone (902.471.9234) upon your arrival to facilitate a safe transition. Parents are not allowed in Camper Cove. This policy is in place to limit the number of people our participants could potentially come in contact with. \***

# Swim Safety

Come prepared to swim everyday!

Little Tykes go swimming multiple times a week and ensuring the safety of our swimmers is paramount. In addition to our 30+ full qualified lifeguarding staff, our Little Tyke counsellors swim with the children at all times.

In accordance with LifeSaving Society's recommendations, we no longer allow the use of puddle jumpers in camp. **All campers must come to camp with a coast guard certified personal floatation device (PFD).** Trust us, lifejackets have come a long way! There are several coast guard approved PFDs that allow for both comfort and wide range of motion while offering gold standard protection.

## Lunch & Snack at Camp

Please be advised that we are a **nut free camp and a nut aware property**. That is to say, while Camp maintains a nut free environment, the Waegwoltic Club is not a nut free facility. To ensure the safety of our campers with allergies, we ask that you do not send your camper(s) with any nut products.

We have two allocated snack times throughout the day, one in the morning and one in the afternoon. We ask that snacks are brought from home for our morning snack time. The afternoon snack will be provided by the Waegwoltic Club. We ensure that this snack is always healthy, nutritious, and delicious! Little Tyke campers will **not** be able to use the canteen at any point throughout their day at camp.

## Lunch Plan

Camp Waegwoltic offers a Lunch Plan program at a charge of \$50.00/week + tax. This year we will be offering lunch plan 'brown bag style' as opposed to buffet format. You can register for this service through your online account or at (902) 429-2822 ext. 2.



# Health Precautions

## Camper Care

Our summer Camp staff are thoughtfully selected and thoroughly trained. Our staff are certified in Emergency First Aid. In addition, camp staff are HIGH FIVE® certified. HIGH FIVE® is an organization that has created a quality standard for recreation facilities across Canada, and thus, certification is nationally recognized. HIGH FIVE® training highlights five principles that support healthy child development:

- 1) A Caring Adult
- 2) The opportunity to make Friends
- 3) The opportunity to Play
- 4) The opportunity to Master Skills
- 5) The opportunity to Participate

Furthermore, all of our staff are supervised by program coordinators who report directly to Katelyn Matheson, our senior administrator of programming and recreation at the Club. In addition to our core staff, our summer camp also benefits from the supervision of our 30+ fully qualified lifeguarding staff.

## Illness Protocol

Given the current circumstances, it is of utmost importance that we consider the health and safety of all of our Club's users and staff. It is our commitment to you that we will take vigorous measures to ensure the health and safety of your children. **To help us serve you best, please complete the attached form titled 'Your Commitment to a Safe and Healthy Summer' and return it to [waegtykes@gmail.com](mailto:waegtykes@gmail.com) along with your camper information form.**

We encourage you to monitor your child for signs and symptoms associated with COVID-19. **If your child claims they are not feeling well, they will not be permitted at camp.** We hold all of our staff to the same standard. Contactless temperature checks will be conducted every morning as well as mid-day to ensure your camper is healthy.

If your child becomes ill during camp hours, a parent/guardian will be notified immediately to pick up your child. The child will remain in the care of our support staff in the Lily Pad until a parent or guardian arrives. **Please ensure that your member account has the most updated daytime phone number we can reach you at in the event of illness or emergency.**

## Allergies

With regard to allergies, if your child carries an EpiPen, Little Tyke staff will collect it at the beginning of each day, and it will remain in possession of your child's counsellor for the entirety of the day. In addition, at the beginning of the week, your camper will be given an Epi-pouch that clips on to the outside of your campers' bag. The Epi-pouch may travel to-and-from home with your camper, and camp staff will collect the Epi-pouch at the end of each week. This procedure guarantees that your child's medical device is accessible at all times.

If you have indicated on the general camper information form that your camper has an allergy or medical condition, you will receive a follow-up email to give you the opportunity to provide more information about your campers' medical requirements and/or preferred accommodations. In the event of a medical emergency: lifeguards, parents/guardians, and first responders (if necessary) will be notified immediately.

## Head Lice

Head lice is a rite of passage we all hope to avoid. Camp Waegwoltic recognizes that head lice is a concern, and we make every effort to prevent the spread of lice. As a result, Camp Waegwoltic has implemented policies in an aim to reduce the spread of lice at camp.

Firstly, our lice motto is 'Hair Up, Hats On!'. If your camper has long hair, their hair should be pulled back prior to arrival at camp each day. Additionally, we encourage all participants to wear a hat during the day not only to reduce the spread of lice, but also for sun protection!

Secondly, no stuffed animals or blankets from home will be allowed to come to camp as these items can be carriers.

Finally, we want to encourage communication about lice. We ask that you notify one of the Camp Coordinators if your child has lice at **any point throughout the summer**. Please help us reduce the spread of lice by keeping up communication with us. We have an open-door policy, and we respect everyone's privacy!

## Ticks

Everyone who spends time outside in Nova Scotia is at risk of being bitten by a tick. While the Waeg's maintenance team has surveyed the property and the counselling staff are aware of what to look for, we encourage parents/guardians to perform at-home checks. For more information and tips to reduce your risk, visit <https://novascotia.ca/ticksafety/>.

# Sun Safety

We apply sunscreen three times throughout the day:

- 1) after morning snack
- 2) after lunch
- 3) in the afternoon after swimming.

**Campers must arrive at camp with sunscreen on** as we do not re-apply until morning snack. We ask that you label your child's sunscreen. This is aimed at reducing the amount of lost sunscreen.

## Safety Precautions

Sunscreen is an important safety measure that can result in close contact between your child and their counsellor. When helping the campers apply sunscreen, their counsellor will be required to wear a mask and gloves to perform the application. We recommend sending your camper with spray sunscreen as it tends to be more child-user friendly.

## High Risk Exposure

Over time, we have identified that swim time is when campers are at the highest risk of sunburn. In accordance with Sun Safety Nova Scotia and their recommended guidelines, we strongly encourage that campers bring a swim shirt to camp every day. This will significantly reduce the likelihood of your child being subjected to excessive sun exposure.